Supplementary Fig. 1. Study population.

3862 individuals who underwent baseline and follow-up examination

1545 individuals with metabolic syndrome at baseline

Excluded

- No adiponectin at baseline (n=190)
- No leptin at baseline (n=334)
- Incomplete data (n=4)

1017 individuals (men=431, women=586)

Mean follow-up: 2.8 yrs

Men
Non-metabolic syndrome on follow-up: 142 (32.9%)

Women
Non-metabolic syndrome on follow-up: 196 (33.4%)